

# DECLARING SEPTEMBER 2020 AS NATIONAL SUICIDE PREVENTION AWARENESS AND RECOVERY MONTH

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Michelle Nauer, Clerk & Recorder  
Ouray County, CO  
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**WHEREAS,**

The week of September 6-12, 2020 is National Suicide Prevention Week, and September 2020 is National Suicide Prevention Awareness Month and National Recovery Month, when millions of people around the world join their voices to share a message of hope and healing; and,

**WHEREAS,**

These observances are united in raising awareness that prevention is possible; treatment is effective; and people do recover; and,

**WHEREAS,**

In these challenging times messages of hope and healing are more needed than ever; and,

**WHEREAS,**

Ouray County residents should be able to access high quality prevention, support, rehabilitation, and treatment services that lead to recovery and a healthy lifestyle; and every day in our community people enter treatment into behavioral health services and community supports and begin the road to wellness and recovery; and,

**WHEREAS,**

Resiliency begins early in life within families, day cares, and schools, and can be strengthened and reinforces throughout the life span; and recovery and wellness encompasses the whole individual, including mind, body, spirit, and community; and,

**WHEREAS,**

The benefits of preventing and overcoming mental health challenges, suicide attempts and loss, and substance abuse are significant and valuable to individuals, families, and our community at large; and,

**WHEREAS,**

It is essential that we educate residents about suicide, mental health and substance abuse problems and the ways they affect all people in the community; and,

**WHEREAS,**

We must encourage relatives, friends, co-worker, and providers to recognize the signs of a problem, and guide those in need to appropriate services and supports; and,

**WHEREAS,**

Suicide Prevention Week, Suicide Prevention Awareness Month and Recovery Month inspire millions of Americans to raise awareness, build resiliency, and find hope.

**NOW THEREFORE, BE IT RESOLVED that the County of Ouray proclaims September 2020 as**

**"Suicide Prevention Awareness and Recovery Month: Finding Hope, Building Resiliency, Supporting Recovery"**

And calls upon the citizens, government agencies, public and private institutions, businesses, and schools in Ouray County to recommit our community to increasing awareness and understanding of the many reasons why suicide occurs in our community, the steps our citizens can take to help their fellow citizens who are considering suicide, and the need for appropriate and accessible services for all people who are living with mental health challenges.

Adopted this 1<sup>ST</sup> day of SEPTEMBER 2020.



*[Signature]*

Michelle Nauer, County Clerk and Recorder  
By: Hannah Hollenbeck, Deputy Clerk of the Board

BOARD OF COUNTY COMMISSIONERS  
OF OURAY COUNTY, COLORADO

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