



Proclamation

DECLARING MAY 2021 AS MENTAL HEALTH MONTH

WHEREAS,

Mental health is essential to everyone's overall health and well-being; and,

WHEREAS,

All Americans face challenges in life that can impact their mental health, especially during a pandemic; and

WHEREAS,

Prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS,

There are practical tools that all people can use to improve their mental health and increase resiliency; and

WHEREAS,

Mental health conditions are real prevalent in our nation; and

WHEREAS,

With effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and,

WHEREAS,

Each business, school, government agency, healthcare provider, organization and citizen shape the burden of mental health problems and have a responsibility to promote mental health wellness and support prevention efforts.

NOW, THEREFORE BE IT RESOLVED that the County of Ouray proclaims May 2021 as "MENTAL HEALTH MONTH"

And calls upon the citizens, government agencies, public and private institutions, business and schools in Ouray County to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

Adopted this 5th day of MAY, 2021.

BOARD OF COUNTY COMMISSIONERS
OF OURAY COUNTY, COLORADO

ATTEST:

Ben Tisdel, Chair

Lynn M. Padgett, Vice-Chair

Jake Niece, Commissioner Member

Michelle Nauer, County Clerk and Recorder
By: Hannah Hollenbeck, Deputy Clerk of the Board

